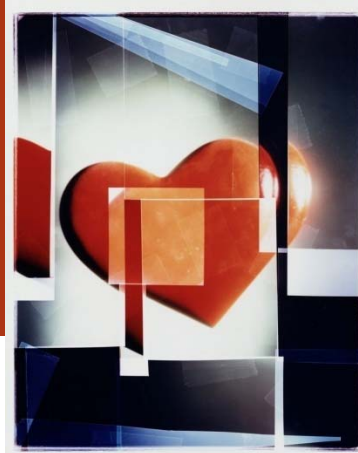




# Why WHOLE PERSON Adolescent Health?



“Sex can’t be detached from the other parts of our human nature without serious consequences. Emotional hurts, guilty feelings, muddled relationships, sexually transmitted diseases, and **broken hearts occur.**”

Onalee McGraw, “Teaching the Whole Person About Love, Sex and Marriage,” page 30

Spring 2009

## LINKS

Click on images below!!!



Website Upgraded!

❖ Sexually active teens are more likely to take drugs and drink alcohol.

Columbia University, National Center on Addiction and Substance Abuse, 2004

❖ Sexually active females are 5 times more likely to be victimized by dating violence.

Harvard School of Public Health and the Boston School of Public Health, 2004

❖ One in 4 sexually active teens has an STD and 70% have no symptoms.

“Our Vices, Our Lives, Our Futures: Youth and STDs,” School of Journalism and Mass Communication Univ. of NC at Chapel Hill, 2004 (research based on 2 studies published by Alan Guttmacher Institute).

❖ One of every 2 sexually active teens acquire an STD by the age of 25!

Same reference as above.

## THE TRUTH IS SEX AFFECTS THE WHOLE PERSON!



❖ Sexually active girls are 3 times more likely to be depressed.

❖ Sexually active boys are 2 times more likely to be depressed.

“National Longitudinal Survey of Adolescent Health,” Wave 11, 1996



When the research on abstinence-based and contraception-based programs is judged using consistent standards, there is hard scientific evidence supporting abstinence as a viable primary prevention strategy. When adolescents do use condoms, this method provides only partial protection from STDs (protection rates range from 25% to 80%, depending on the type of STD and the different study results, see



www.myspace.com/  
breaktheshame

or search for

“Friends of Be the One”

Weller & Davis, 2002, Sanchez, et al., 2003, and Holmes, et al., 2004). The abstinence approach has the additional benefit of being able to protect teens from all of the negative consequences of sexual activity, complete protection from the full range of STDs, pregnancy, and the emotional and physical harm that is associated with teen sex, especially for girls (depression, low self-esteem, dating violence, see Hallfors, et al., 2004, Sabia & Rees, 2008, Silverman, et al., 2004). The scientific evidence does not support abandoning the abstinence approach in favor of a contraception-based strategy that has not been proven to be successful after over 20 years of evaluation and research.